

EYFS, KEY STAGE 1 (4 – 7 years)			
Yr Group	AUTUMN	SPRING	SUMMER
R	<p>How are people the same and different?</p> <ul style="list-style-type: none"> To identify some similarities and differences between others 	<p>Screen-time & sleep</p> <ul style="list-style-type: none"> To recognise that sleep is important to be healthy To identify favourite websites or online games To know that too much screen time is unhealthy To move from a screen activity to a non-screen activity cooperatively 	<p>My growing body</p> <ul style="list-style-type: none"> To recognise the main differences between people i.e. boy and girl To name the different body parts including genitalia To know which parts of the body it is ok for others to touch To know how to tell others to stop doing something they do not like To know who to go for help if something happens that makes them feel sad, worried or frightened To know the difference between good and bad touch (who / where / when)
Y1	<p>School rules</p> <ul style="list-style-type: none"> To know and follow school rules To give some simple examples of things we are allowed and not allowed to do in school (rules) 	<p>Staying safe online</p> <ul style="list-style-type: none"> To know what information is 'private' To know that we must not tell others our 'private' information online 	<p>Different kinds of family</p> <ul style="list-style-type: none"> To identify some of the differences between a baby, child and adult To know some of the things we can do now that we couldn't do when we were younger To recognise some of the people who are important to them To recognise different types of family
Y2	<p>Taking care of animals</p> <ul style="list-style-type: none"> To make observations of animals and plants To identify simple ways in which we may take care of plants and animals To cooperate with activities that help others 	<p>Being kind online</p> <ul style="list-style-type: none"> To know what makes a good friend To understand the need to be kind to others online (and offline) To identify people who can help us if we are afraid, upset or worried 	<p>Bullying</p> <ul style="list-style-type: none"> To recognise kind and unkind behavior in themselves and others To have a basic awareness of what bullying is To know what to do and who to go to if they or somebody they know is being treated unkindly or being bullied

KEY STAGE 2 (7 – 11 years)			
Yr Group	AUTUMN	SPRING	SUMMER
Y3	<p>Belonging to groups</p> <ul style="list-style-type: none"> To identify different groups we belong to To recognise important / special days in the week for themselves To understand what makes those days special To respect other people's special days To identify some differences and similarities between people 	<p>Deciding which games to play & what to watch</p> <ul style="list-style-type: none"> To understand that games, videos and websites have an age rating and we should only play on games, watch videos or visit sites which are suitable for our age To know that some digital content can be harmful or upsetting To know who to tell if we are concerned about something that upsets us 	<p>Respecting privacy</p> <ul style="list-style-type: none"> To recognise a need for privacy To respect the wishes and privacy of others To begin to develop an understanding of personal space
Y4	<p>My Community</p> <ul style="list-style-type: none"> To identify different groups we belong to (in school and the wider community) To identify some of the rules associated with the groups we belong to To follow agreed codes of behavior (rules) and know that they are important to help groups of people work together 	<p>Strangers</p> <ul style="list-style-type: none"> To understand the term 'stranger' To distinguish between safe and unsafe strangers To know who to go to if approached by a strange (both online and offline) To understand that it is easy to hide your identity online 	<p>Making Choices & Saying No</p> <ul style="list-style-type: none"> To make a choice given a range of options To identify people who can help us if we are afraid or worried To demonstrate how to indicate consent by communicating 'yes' or 'no', 'leave me alone' and 'please stop doing that'
Y5	<p>Caring for the environment</p> <ul style="list-style-type: none"> To know that it is important to care for different environments To identify some simple ways to care for different environments (classroom, dinner hall, playground) 	<p>Being healthy & having fun online</p> <ul style="list-style-type: none"> To know that technology use should be one part of a balanced diet of activities To know that too much screen time is unhealthy To recognise activities that can be enjoyed doing both online and offline 	<p>My Changing Body</p> <ul style="list-style-type: none"> To recognise some of the changes that happen to boys and girls during puberty (e.g. body shape, voice change, height, mood changes, menstruation, ejaculation, etc) To establish and develop independent personal care routines with an understanding of the need for privacy To begin to have an awareness of changing emotions during puberty

			<ul style="list-style-type: none"> To manage physical and emotional changes that occur during puberty (e.g. mood swings, menstruation, erections)
<p>Y6</p>	<p>Where money comes from</p> <ul style="list-style-type: none"> To identify places or situations where money is used to buy things (shops, cafes, on the bus, etc) To identify where we may get money from and for what reasons (i.e. presents from relatives, pocket money...) To identify things we might choose to spend money on To show a basic understanding of what is right and wrong. 	<p>Searching Safely</p> <ul style="list-style-type: none"> To understand how to search the internet safely To know what to do if they see something online that makes them feel uncomfortable 	<p>Public & Private Places & Spaces</p> <ul style="list-style-type: none"> To identify places that are public and places that are private in different settings To identify body parts that are public and body parts that are private To recognise what is / is not appropriate to do in a public place To know that their bodies are private and nobody has the right to touch them

KEY STAGE 3 (11-14 years)			
Yr Group	AUTUMN	SPRING	SUMMER
Y7	<p>Rights & Responsibilities</p> <ul style="list-style-type: none"> To identify some of the different kinds of people there are in the world To recognise our rights and responsibilities in school and beyond 	<p>Gaming</p> <ul style="list-style-type: none"> To identify some of the positive and negative feelings associated with gaming To learn strategies for managing frustrations when gaming To understand that too much screen time is unhealthy 	<p>Caring Relationships</p> <ul style="list-style-type: none"> To develop an awareness of different types of relationships (families, friendships, communities, residential, etc) To distinguish between friends and boyfriends / girlfriends To learn appropriate social skills To learn how to accept rejection and accept other people's wishes
Y8	<p>Recycling</p> <ul style="list-style-type: none"> To be aware what constitutes rubbish To take responsibility for looking after the environment by gathering recyclable materials To reduce and reuse packaging To understand the responsibility and role of others in collecting recyclable materials and rubbish 	<p>Cyberbullying</p> <ul style="list-style-type: none"> To understand that the same rules apply to online relationships and face-to-face relationships To recognise unkind behaviour and know how to report them To know that own behavior affects others 	<p>Changing Relationships</p> <ul style="list-style-type: none"> To know how to be a good friend To recognise that sometimes we fall out with our friends To know how to say sorry and make up
Y9	<p>Fundraising</p> <ul style="list-style-type: none"> To identify some simple ways of raising money To understand how raising money can help others 	<p>Sharing images online</p> <ul style="list-style-type: none"> To know that technology can be used to share information To recognise that once an image has been shared online it is impossible to get it back To know that once an image has been passed onto somebody online, they can pass it on to other people To recognise the need to check with a trusted adult before sharing anything online 	<p>Consent</p> <ul style="list-style-type: none"> To demonstrate how to ask for permission (get consent) before we borrow or take something from someone To identify instances in school or out of school when we might need to seek permission or receive consent To recognise what giving / not giving of consent within friendship might look like

KEY STAGE 4 (14-16 years)			
Yr Group	AUTUMN	SPRING	SUMMER
Y10	<p>Different kinds of love</p> <ul style="list-style-type: none"> • Different kinds of relationship • The difference between love and 'being in love' • Different kinds of kissing • Different types of committed relationships 	<p>Pornography</p> <ul style="list-style-type: none"> • To know what is meant by the term 'pornography' • To know that the relationships, bodies, gender and sex shown in pornography are fake • To know where to go to find reliable information about sex and relationships • To know that some pornography is illegal • To know how to keep safe online • To know where to go for help and what to do if you have a problem 	<p>Diversity</p> <ul style="list-style-type: none"> • Similarities and differences between people of different race, faith and culture human rights, the Equality Act (law) and the nine protected characteristics •
Y11	<p>Intimate Relationships</p> <ul style="list-style-type: none"> • Sexual attraction • Sexual intercourse • Consent and the law • Privacy and appropriate behaviour • Pregnancy and birth 	<p>Social media & instant messaging</p> <ul style="list-style-type: none"> • Sharing information safely using social networks, e.g. Facebook, Instagram, Twitter or instant messaging services e.g. Snapchat, Whatsapp, Facebook Messenger, forums & chat rooms 	<p>Managing money</p> <ul style="list-style-type: none"> • Earning, saving & spending money, wants versus needs, setting & managing budgets

KEY STAGE 5 (16-19 years)			
Yr Group	AUTUMN	SPRING	SUMMER
Y12	<p>Healthy Relationships</p> <ul style="list-style-type: none"> Knowing when ready for a romantic relationship, how to behave in different relationships, recognizing harmful behavior in relationships, where to seek help 	<p>Online gambling</p> <ul style="list-style-type: none"> Places gambling takes place, risks entailed with gambling (online and offline), where to get help 	<p>Democracy</p> <ul style="list-style-type: none"> Making choices, voting & elections
Y13	<p>Managing relationships</p> <ul style="list-style-type: none"> Coping when relationships come to an end inc. loss, separation, divorce & bereavement, managing rejection 	<p>Cyberbullying</p> <ul style="list-style-type: none"> Via social networks, text message & gaming, knowing how to report & block, seeking help 	<p>Advertising</p> <ul style="list-style-type: none"> Online / offline techniques designed to encourage us to spend money
Y14	<p>Contraception & sexual health</p> <ul style="list-style-type: none"> Self examination & maintenance of sexual health (inc. health problems related to sexual organs, e.g. testicular cancer, breast cancer, thrush), contraception for sexual health & birth control. 	<p>Online gaming</p> <ul style="list-style-type: none"> Safe use of different devices including games consoles, tablets, mobile phones 	<p>Keeping money & valuables safe</p> <ul style="list-style-type: none"> Use of banks, ATMs, 'cash back' in shops, personal security